

# **Curriculum Vitae**



**Dr PANAGIOTIS G. ANAGNOSTIS**  
**MD, MSc, PhD**

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**CURRICULUM VITAE**  
**Dr PANAGIOTIS ANAGNOSTIS**

**PERSONAL DETAILS**

**Surname:** Anagnostis

**Name:** Panagiotis

**Gender:** Male

**Date of Birth:** 23<sup>rd</sup> April 1978

**Place of Birth:** Mytilini, Greece

**Nationality:** Hellenic

**Address:** 10 Sarantaporou street

**Postcode:** Gr 54640

**Town:** Thessaloniki

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## **EDUCATION**

- 24/9/1996 - 19/07/2002      **Degree in Medicine, Hellenic Republic, Aristotle University of Thessaloniki, Faculty of Medicine, Greece.**  
**Grade: “Very Good” (7.38 out of 10)**
- 24/09/1996-18/10/2002      MilitarySchool of Combat Support Officers, Thessaloniki, Greece (6-years MilitaryAcademy)
- 27/12/2002      **Licence to practice Medicine**, Registration number 35154HellenicRepublic, Prefectural Authority of Athens – Piraeus, Prefecture of Athens, Division of Southern Athens, Greece.
- 03/12/2012      Licence to practice the qualification of **Medical Specialty: “Endocrinology”** Registration Number: G2/8780.Hellenic Republic, Region of Central Macedonia, General Directorate of Public Health and Social Care, Greece.
- 4/11/2008 – 29/5/2013      **PhD** on **“Prevalence and management of osteoporosis in hemophilic patients”**, from the MedicalSchool of the Aristotle University of Thessaloniki, Greece. Supported by a scholarship from the State Scholarships Foundation.
- 01/10/2012 –14/6/2016      **MSc** in **“Health Services Policy”**, Open University of Cyprus.
- 1/12/2013-3/6/2014      **Clinical Research Fellow** (Honorary Specialist Registrar) in the Department of Endocrinology and Diabetes, St Mary’s Hospital, Imperial College of London, UK
- 1<sup>st</sup> July 2017      **Excellence in Lipidiology** (by the Hellenic Society of Atherosclerosis, July 2017)

## POSTGRADUATE QUALIFICATIONS EXPERIENCE

20/07/2002 - 18/10/2002	I was waiting for the appointment as a Physician in Police Medical Centre in Thessaloniki, Greece.
19/10/2002 - 24/04/2005	Physician in Police Medical Centre in Athens, Greece.
10/01/2003- 10/04/2003	Physician in “401” General Military Hospital of Athens, Greece.
1/08/2004 - 31/8/2004	Physician in Olympic and Special Olympic Games 2004, Athens, Greece.
25/04/2005 – 05/02/2008	Physician in Police Medical Centre in Thessaloniki, Greece.
06/02/2006 – 06/02/2008	Specialty Training post in the Department of General Internal Medicine at 2 <sup>nd</sup> Propedeutic Department of General Internal Medicine, Aristotle University of Thessaloniki, Greece.
07/02/2008 – 28/09/2008	I was waiting for the Specialty Training post in the Department of Endocrinology at General Hospital of Ippokrateion, Thessaloniki, Greece.
29/09/2008 - 28/09/2012	Specialty Training post in the Department of Endocrinology at General Hospital of Ippokrateion, Thessaloniki, Greece.
29/09/2012 – 23/10/2012	Preparation for specialty exams and title of Licence to practice the qualification of Medical Specialty in “ <b>Endocrinology</b> ”, Greece.
30/09/2012 - now	<b>Consultant in Endocrinology</b> at Police Medical Centre, Thessaloniki, Greece.
4/6/2014 – now	<b>Post-doctoral Clinical Research Fellow</b> in the Unit of Reproductive Endocrinology, First Department of Obstetrics and Gynecology, Medical School, Aristotle University of Thessaloniki, Greece

## **DISTINCTION/AWARDS**

- 07/1996 First award in the National Student Competition of Medical School, Aristotle University of Thessaloniki, Greece.
- 04/2008 Scholarship from the State Scholarships Foundation for excellent scholarly achievement.
- 09/2010 Plaudit for the poster "Safety and impact on cardiovascular events of long-term statin treatment in patients with coronary heart disease and abnormal liver tests: a *post hoc* analysis of the GREACE Study" (Athyros VG, Tziomalos K, Gossios TD, Griva T, **Anagnostis P**, Kargiotis K, Pagourelis ED, Theocharidou E, Karagiannis A, Mikhailidis DP), presented in the 2nd Hellenic Congress on Atherosclerosis, held in Ioannina, Greece.
- 12/2010 Scholarship from the Research Committee of the Aristotle University of Thessaloniki, Greece.
- 04/2011 First award for the best study in Clinical Endocrinology: "Comparative effects of rosuvastatin and atorvastatin on glucose metabolism and adipokine levels in non-diabetic patients with dyslipidaemia: a prospective randomized open-label study", by **Anagnostis P**, Selalmatzidou D, Polyzos SA, Panagiotou A, Slavakis A, Panagiotidou A, Athyros VG, Karagiannis A, Mikhailidis DP, Kita M, presented in the 38<sup>th</sup> Hellenic Congress of Endocrinology, Thessaloniki, Greece.
- 09/2011 *Annals Academy of Medicine, Singapore*: Best Publication Bronze Award 2011, presented to Vasiliadis T, **Anagnostis P**, Nalmpantidis G, Soufleris K, Patsiaoura K, Grammatikos N, Orfanou-Koumerkeridou E, Kargiotis K, Slavakis A, Deliyiannidis A, Eugenidis N., for outstanding contribution of article titled: "Thyroid dysfunction and long-term outcome during and after interferon-alpha therapy in patients with chronic hepatitis C" published in September 2011.

- 09/2012 Grant from Hellenic Atherosclerosis society for conducting the study: "Prediction of type 2 diabetes mellitus in women with gestational diabetes" (Kotsis V, Goulis DG, **Anagnostis P**, Karras S, Venetis C).
- 11/2012 Plaudit for the study "The effect of L-thyroxine substitution on lipid profile, glucose homeostasis and coagulation in patients with subclinical hyperthyroidism, "(**Anagnostis P**, D. Selalmatzidou, ZA Efstathiadou, S. Katergari, M. Poulasouchidou, A. Slavakis, D. Kleta, M. Kita) presented in the 5th Hellenic Congress on Atherosclerosis, held in Athens, Greece.
- 29/4/2013 **International Endocrine Scholarship Program (IESP)** supported by the European Society of Endocrinology and the Endocrine Society.
- 6/2014 Grant from Hellenic Atherosclerosis society for post-doctoral training abroad (London, UK)

### **SCIENTIFIC ACTIVITY**

- **136** publications in peer review journals (Medline)
- **8** authorships in International Books
- **17** publications in Greek journals
- **5** authorships in Greek Books
- **48** presentations in International Congresses
- **59** presentations (Oral or Posters) in Greek Congresses
- Reviewer in **40** peer-review journals

## **CITATION INDICES (Google Scholar, 2<sup>nd</sup> January 2018)**

Citations: **3264**

h-index: **26**

i10-index: **50**

## **PRESTIGIOUS LECTURES**

**Panagiotis Anagnostis**. Osteoporosis and hemophilia: Is this a real clinical problem? Belfast, May 9th, 2015, 14th International Musculoskeletal Congress, WFH (INVITED SPEAKER)

## **MEDSCAPE INTERVIEWS**

1. Hypovitaminosis D in pregnancy: can the Mediterranean paradox be explained? A systematic review. 17<sup>th</sup> European Congress of Endocrinology, 16-20 May 2015, Dublin, Ireland. <http://www.medscape.com/viewarticle/845153>
2. Osteoporosis-Drug Holidays for Low-Risk Patients: EMAS Concurrs <http://www.medscape.com/viewarticle/879128>
3. Type 2 Diabetes and Osteoporosis: A Guide to Optimal Management <https://www.medscape.com/viewarticle/888872>

## **CONTINUOUS PROFESSIONAL MEDICAL EDUCATION**

**95** National and International Congresses and Seminars

### **PARTICIPATION IN RESEARCH PROJECTS:**

“Prediction of type 2 diabetes mellitus in women with gestational diabetes” (Kotsis V, Goulis DG, **Anagnostis P**, Karras S, Venetis C), supported by a grant from Hellenic Atherosclerosis society

### **MEMBERSHIPS:**

- Endocrine Society (USA)
- European Society of Endocrinology
- British Endocrine Society
- European Group On Graves Orbitopathy (EUGOGO) (Executive Committee)
- European Menopause and Andropause Society
- Hellenic Society of Metabolic Bone Diseases
- Hellenic Atherosclerosis Society
- Hellenic Endocrine Society
- Hellenic Diabetes Society of Northern Greece

### **MEMBERSHIP OF THE EDITORIAL BOARD IN:**

- World Journal of Pharmacology
- World Journal of Hypertension
- Journal of Geriatric Cardiology
- Case Reports in Women’s Health

### **LANGUAGES:**

- Greek (native)
- English (fluently)
- Italian (very well)