# Panagiotis G. Anagnostis MD, MSc, PhD, FRSPH

Endocrinologist

Aristotle University of Thessaloniki, Greece



Dr. Panagiotis G. Anagnostis has completed his basic medical training (MD) in 2002 and received his PhD (on "Prevalence and management of osteoporosis in haemophilic patients") from the Medical School of the Aristotle University of Thessaloniki (AUTH), in 2013. For this work he has been awarded the prestigious grant of "Distinction" from the AUTH. He has acquired the specialty of "Endocrinology, Diabetes and Metabolism" at the Department of Endocrinology and Diabetes of Hippokration Hospital of Thessaloniki, Greece, in 2012. He has also received an MSc degree from the Open University of Cyprus (in "Health Services Policy") (2016).

Having had a **scholarship** from the European Society of Endocrinology and the Endocrine Society of the USA (**International Endocrine Scholarship Program**, 2013), he completed his post-doctoral training as a Clinical Research Fellow (Honorary Specialist Registrar) at the Department of Endocrinology and Diabetes, St. Mary's Hospital, Imperial College of London, UK (2014). During his post-doctoral training, except for his academic research activity on "dyslipidaemias in postmenopausal women", he had also the opportunity to attend and participate in specialized menopause clinics in London (UK) at the Department of Gynaecology, West London Menopause

and Premenstrual Syndrome Centre (Queen Charlotte and Chelsea & Westminster Hospitals).

Panagiotis Anagnostis is also a fellow of the Royal Society for Public Health (**FRSPH**) since May 2018.

He has also received:

- a **postgraduate grant** from the National Scholarship Foundation of Greece, in 2007
- a **postgraduate award** for Distinguished Research Activity from Medical School, AUTH, in 2010
- a **grant from the Hellenic Atherosclerosis society** for his post-doctoral training abroad, in 2014

He has also been awarded the **2021 Jens Sandahl Christiansen Award,** by the European Society of Endocrinology, for clinical science, nominated by the European Menopause and Andropause Society (EMAS) for his work on "Cardiovascular Disease – menopause".

He works currently as a **Consultant** in Endocrinology at the Police Medical Centre, Thessaloniki, Greece. He is also currently a **Research Associate** in Endocrinology at the Unit of Reproductive Endocrinology, First Department of Obstetrics and Gynaecology, AUTH. His main research aspiration is in the field of menopause, dyslipidaemias and metabolic bone diseases.

He actively participates in the teaching program of the Medical School of AUTH, being a **tutor** of the "Research Methodology" lesson, for the "Applied Nutrition and Health Promotion", "Medical Research Methodology", "MSc in Human Reproduction", "Precision Medicine", "Endocrine Surgery", "Diabetes Care" and "Stem Cells and Regenerative Medicine post-graduate courses, as well as a tutor of the "Research in female reproduction" post-graduate course of the Medical School of National and Kapodistrian University of Athens.

## **SCIENTIFIC ACTIVITY**

- 220 publications in peer review journals (Medline)
- 93 publications in Supplements
- **16** authorships in International Books (Chapters)
- **Guest Editor** in 4 Special Issues of peer-review journals ("Maturitas", "Current Vascular Pharmacology", "Current Pharmaceutical Design")
- 90 presentations in International Congresses (8 oral)
- 6 lectures in International Congresses
- 1 International Webinar (European Menopause & Andropause Society)
- 7 times chairman in International Congresses
- **18** publications in Greek journals
- 28 authorships in Greek Books (Chapters)
- 63 lectures in Greek Congresses
- 9 times chairman in Greek Congresses
- 57 oral presentations in Greek Congresses
- **34** poster presentations in Greek Congresses
- 4 participations in the organizing/scientific committee of Greek Congresses (3) and International Congresses (1)
- Member of the Editorial Board of **8** peer-review journals (Associate Editor for "Hormones")
- Reviewer in 49 peer-review journals
- Referee for 5 International Congresses (ENDO 2018, 2019, 2021, ECE 2019, ESHRE 2020)

# **CITATION INDICES (28/11/2021)**

## Google scholar:

• Citations: 7826

• h-index: 42

• i10-index: 108

#### **Scopus:**

• Citations: 4426

• h-index: 34